



Advancing health and social justice for all members of the community

One Community Health is a nonprofit, Federally Qualified Health Center with health center locations in The Dalles and Hood River, plus a school-based health center for the entire Hood River County School District.

Founded in 1986 and originally known as La Clínica del Cariño, One Community Health has grown to serve 12,000+ patients throughout the Columbia River Gorge region and beyond. We practice a results-oriented, integrated approach to care through comprehensive medical, dental and behavioral health services, as well as nutrition and health education programs.

A Tier-4 Patient-Centered Primary Care Home that offers a team-based model of care, One Community Health provides access to patients from the Mid-Columbia River Gorge Region: Wasco, Hood River, Klickitat and Skamania Counties.

LOOKING AT THE NUMBERS

12K+ patients

4,300+ oral
health patients

19% of patients
are uninsured

56% of patients
receive Medicaid

38% primary
language not English



Coming Soon in Hood River!
A New, Improved One Community Health (Summer 2020)



Kicking Tobacco to the Curb

We all know nicotine dependence is a serious health issue today. More people in the United States struggle to quit smoking or nicotine habits than any other drug. Research states nicotine is as addictive as heroine, cocaine or alcohol.



But it's not all doom and gloom. Given the many health benefits of stopping tobacco use, One Community Health takes a patient-centered approach to supporting tobacco cessation, providing access to the best treatment options today. These options include:

- Universal screening, open to all patients regardless of ability to pay
- Brief motivational counseling
- Lifestyle coaching
- Addiction and recovery education

Medications and nicotine replacement products, with personalized support from an integrated health care team

Access to additional resources (regional support groups, Oregon Quit Line, Hood River and Wasco County prevention departments for tobacco cessation services)


Our medical, dental and behavioral health providers work closely with patients to develop a quit plan that's right for them. Our goal? To beat addiction and build healthier communities, snuffing out tobacco use and nicotine addiction for good!

DID YOU KNOW?

23% of One Community Health Medicaid patients smoke = lower than CCO benchmark (25%)

88% of patients 18 years+ screened for tobacco use and received cessation counseling

Health Care With Heart

When Amy first came to One Community Health, this 51-year-old single mother and local business owner couldn't afford health insurance. Battling several medical conditions, including a pre-cancerous skin condition, an auto-immune disorder and a gastrointestinal condition, Amy had tried treating her health on her own, with minimal professional intervention due to inability to pay for the scope of care. However, with the passing of the Affordable Care Act and Medicaid expansion, Amy signed up on the Oregon Health Plan. She quickly received the appropriate treatment to address her numerous health conditions and says she hasn't felt this great in years. Thanks to this turnaround, Amy is now empowered to parent more effectively, work more productively, and contribute more frequently to the Hood River community in which she lives. 

For more great patient stories, go to <https://www.onecommunityhealth.org/patient-stories>

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